# "KEEP Reading This FREE Report to Discover What Many Doctors Don't Know About <u>Your THYROID CONDITION</u>. Find Out The Truth About Your Problem And How To Get Rid Of It Once And For All...Without Drugs"

The secret revealed in this report will shock and delight you! It's an amazingly simple hypothyroidism revelation that could possibly wake you up from your thyroid nightmare and end your suffering FOREVER!!!

## **Inside This Report You'll Discover...**

- ✓ The MOST COMMON Cause Of Thyroid Problems!
- ✓ How To Tell If You Might Have A Thyroid Condition!
- ✓ Why Some Thyroid Conditions Are Reversible!
- ✓ How To Determine If Your Doctor Is Doing Everything Possible To Fix Your Thyroid Condition (Most Are Not)!
- ✓ New Advancements In The Treatment Of Thyroid Conditions!
- ✓ Why You May Not Need Medications At All!
- ✓ The Different Types Of Thyroid Conditions And Their Symptoms!
- ✓ New Testing For Thyroid Disorders!

If you're suffering with Hypothyroidism.....

What You Discover Here Will Change Your Life Forever...

Now, let's put first things first. Before we go any further, we want you to do us a favor: promise us that you will read this <u>entire</u> report, <u>word for word</u>, at least <u>twice</u>. Why twice? Well, because there is so much valuable information that can possibly make you <u>energized</u> and give you your life back that we just want to make sure you get it all and don't miss anything. After you read it twice, don't throw it out – give it to someone else suffering with hypothyroidism. We want you to feel the incredible connection and inner fulfillment we do when we give YOU this "secret" and unlock the hypothyroid ankle chains that have stolen and ARE stealing so much of your life.

From this moment on, as you read further and discover the ONE THING, above all others, that can quite possibly erase many – if not ALL – of your hypothyroid symptoms forever, you will also realize that you are no longer alone and that you will NEVER EVER be alone again.

## Here's Why Putting This Report Aside Could Cost You A Healthy, Happy Life...

If you've been desperately searching for answers – REAL, HONEST answers – as to why you're suffering and HOW you can get better. If you are sick and tired of listening to so called "experts" who will take your money and leave you no better and with less hope. If you want to FINALLY get your life back...then reading this entire report RIGHT NOW will prove to be the biggest, most important decision you've made in a long time.

If you suffer with constant hypothyroid symptoms, if you are exhausted and cold all day, if you gain weight easily, if you worry about playing with your children or doing the things you love to do because you always feel "lousy," you <u>need</u> to read this report...ALL OF IT. We honestly don't know where else you can get this vital information.

**Do NOT put this off or you WILL MISS OUT.** You will kick yourself later as you realize reading and following this simple report was the answer you've been looking for since hypothyroidism stole your life.

After reading the upcoming pages, you will feel that giant weight being lifted off your chest as you get the possible answer to your greatest hopes and dreams...as you get the possible answer to that huge, debilitating monster that continually beats you down...

You know that monster we're talking about - the "Hypothyroidism Monster" that never seems to go away. It sucks the fun right out of your life

and makes you feel old before your time. We're here to tell you that it does <u>NOT</u> have to be this way... it does <u>NOT</u> have to be a struggle anymore.

*Imagine* how great you would feel without your constant inability to lose weight, even on a low calorie diet...

*Imagine* how easy your life would be if you could just do all the things you want and love to do WITHOUT the depression or lack of motivation...

*Imagine* how easy your life would be if you could just do all the things you want and love to do without feeling exhausted and miserable...

*Imagine* not having to worry about thinning of the hair or the hair falling out...

*Imagine* waking up tomorrow morning, bright-eyed and bushy-tailed, feeling **completely refreshed** with a surge of energy, ready to take on the new day –

JUST LIKE EVERYONE ELSE...

Well, stop imagining.. - It's Here!!!

Hi, our names are Dr. Brad Ralston and Dr. Lucas Gafken and we am about to reveal to you what we believe is the ULTIMATE, possible solution to your hypothyroidism.

Why would we offer this free report and reveal all this to you... a complete stranger?

We know just how frustrating hypothyroidism can be. We know how hypothyroidism can complicate your relationships, your career, and your life. We know how hypothyroidism can put a strangle hold on your life... squeezing your hopes and dreams right out of you like a giant anaconda.

How do we know how **YOU** feel?

We help hypothyroid patients <u>EVERY DAY</u>. You see, a large part of our practice is devoted to thyroid cases. Devoted to cases other doctors have had no success with. Devoted to cases other doctors have given up on. Devoted to cases other doctors have simply turned their backs on and thrown out in the trash. Devoted to cases just like yours.

We spend countless hours every week treating hypothyroid sufferers just like you and scouring the earth to find the very best and the very latest advances in treating this dreaded chronic syndrome.

## And What We've Discovered is Like The "Fountain Of Youth" For Hypothyroid Sufferers!

You read that right. What we've just done is the equivalent of stumbling across the fountain of youth... or breaking into Fort Knox and making off with all the gold. And we're going to share it with you... ALL OF IT.

**Here's what this is all about:** Several years ago, we were your average doctors and knew very little about hypothyroidism. We had seen quite a few patients with thyroid conditions over the years and honestly, had a "love/hate" relationship with these cases. We could help some hypothyroid sufferers quite a bit, while many got minimal results. Most doctors we know have just oversimplified hypothyroidism by not running the appropriate tests. They have resorted to thyroid replacement hormones, which at best provide little symptom relief. Well, we kept getting more and more hypothyroid sufferers asking us if there was ANYTHING we could do to help them. We soon found out that there are...

#### 27 Million Hypothyroid Sufferers In The United States!

WOW! We began searching everywhere for a solution. There had to be something that could help hypothyroid patients and something that was being overlooked. Something that could help the 27 million people just like you.

Are you overwhelmed and frustrated with your thyroid condition and all the so called "answers" you get from your doctors? Well, we were too.

The bottom line was... we could not find anyone who was REALLY helping hypothyroid sufferers. Sure, they did a lot of elaborate and expensive tests (Very expensive!). They used a lot of fancy words, but when all was said and done, what could they do for you? **NOTHING!** Then they had the nerve to send you an outrageous bill even Donald Trump would have trouble paying!

Are You Aware That 90% of Women On Thyroid Medications WILL CONTINUE TO SUFFER With Symptoms...Simply Because The MOST COMMON Cause Of Hypothyroidism Is Overlooked!

Of the 27 Million Americans that suffer from thyroid dysfunction, half of which go undiagnosed. Of the detected cases of hypothyroidism, an overwhelming majority are due to an autoimmune disorder called Hashimoto's disease.

Most hypothyroid cases become a life-long battle with thyroid symptoms simply because most doctors are vaguely familiar with Hashimoto's (even though it's the MOST COMMON cause of hypothyroidism in the United States)

Once we became aware that Hashimoto's was the #1 cause of hypothyroidism, we devoted most of our time gaining a greater understanding of how to help those of you with this MOST COMMON cause of thyroid symptoms. We are only several of a few doctors in the entire state that has additional training in alternative treatments for Hashimoto's.

Knowing these "insider" secrets offers you the possible solution to your hypothyroidism and the power to move the world. In a short amount of time, you can start relieving the fatigue, depression, hair loss or any thyroid symptom you have. Your life can go from sheer hell to breathtaking enjoyment in a matter of weeks.

The trick, of course, is finding the <u>right</u> secrets. And the right <u>guide</u>, who will take you by the hand, answer all your questions, and show you exactly how you can get help, as fast as humanly possible. The right guide, who <u>understands</u> exactly what you are going through and has helped so many just like you already,

There's a lot of nonsense out there. Too many "experts" who really don't understand what you are going through.

That's why we've put together the "ultimate" program for hypothyroid sufferers. It's the exact program that so many *former* hypothyroid sufferers tell us they wish they knew about years ago... So much unnecessary suffering, so much wasted time. This program is the secret most hypothyroid sufferers never discover.

After studying more about thyroid disorders, we realized how poorly diagnosed and treated thyroid conditions are. We also noticed a very disturbing trend in the current treatment approach for these conditions, which we'll reveal in a moment...

## First, let's learn more about how the thyroid works...

In healthy people, the thyroid makes just the right amounts of two hormones, T3 (triiodothyronine) and T4 (thyroxine). These hormones have important actions throughout the body. Most importantly, they regulate many aspects of our metabolism, affecting how many calories we burn, how warm we feel, how much we weigh...and our general well-being.

## In short, the thyroid "runs" our metabolism—it's literally the "gas pedal" of the body.

Thyroid hormones also have direct effects on most organs, including the heart which beats faster and harder under the influence of increased thyroid hormones.

T3 is the more biologically active hormone (it's more important for cellular function), and in fact, most of T4 (80%) is converted to T3 in the body's peripheral tissues. So T4 is just a precursor for the more active hormone, T3.

One of the problems in some thyroid disorders is that you may have trouble converting T4 to T3 in your tissues (have you been checked for this?). This can create a deficiency of T3, disrupting the body's ability to properly regulate metabolism...leading to specific symptoms.

One of the controversial aspects of the most common thyroid medication, Synthroid, is that it is only T4. If you have difficulty converting T4 to T3 (and Synthroid is a *synthetic* form of T4, mind you) then this medication is not as effective.

## Before we go any further, let's cover the three primary types of thyroid conditions:

#1: Hypothyroidism

#2: Hyperthyroidism or Grave's

#3: Hashimoto's

#### Symptoms of Hypothyroidism (low thyroid)

- ✓ Do you feel fatigued, tired or sluggish?
- ✓ Do you have cold feet and/or hands?
- ✓ Do you require excessive amounts of sleep to function?
- ✓ Do you gain weight easily or have difficulty losing weight?
- ✓ Do you have difficult or infrequent bowel movements (constipation)?
- ✓ Are you depressed?
- ✓ Do you lack motivation?
- ✓ Do you suffer from morning headaches that wear off as the day progresses?
- ✓ Do you suffer from thinning hair or excessive hair falling out?
- ✓ Do you suffer from dryness of the skin and/or scalp?
- ✓ Do you suffer from mental sluggishness?

#### Hypothyroidism is a condition in which the body lacks sufficient thyroid hormones.

Since the main purpose of thyroid hormones is to "run the body's metabolism," it is logical that people with this condition will have symptoms associated with a slow metabolism.

Millions of Americans have this more common medical condition...and it often goes undetected in the early stages. Were you told that your results were "normal" and yet you continue to have symptoms?

## <u>Symptoms of Hyperthyroidism or Grave's Disease (overfunctioning thyroid)</u>

- ✓ Do you experience heart palpitations?
- ✓ Do you suffer from inward trembling?
- ✓ Do you have an increased pulse even at rest?
- ✓ Are you nervous and/or emotional?
- ✓ Do you suffer from insomnia?
- ✓ Do you experience night sweats?
- ✓ Do you have difficulty gaining weight?

Hyperthyroidism is the medical term to describe an over production of thyroid hormones. Although this condition is less common, it can precede a slowing down of the thyroid.

#### Hashimoto's Hypothyroidism

Hashimoto's is a condition in which the body's immune system attacks the thyroid gland (this is an autoimmune disorder). It is diagnosed by checking for thyroid antibodies (TPO & TGB). Many times, Hashimoto's is completely overlooked and misdiagnosed as a thyroid problem.

Many of those put on thyroid replacement hormones will feel little-to-no change in symptoms simply because the medications do not address the immune system. The bigger battle for you, if you have Hashimoto's, is the overzealous immune system. Specific nutritional support has been shown to be very effective in calming down the immune system and beneficial for the MOST COMMON cause of hypothyroidism.

Patients suffering from Hashimoto's will experience symptoms of hypothyroidism AND hyperthyroidism...MEANING they will experience some or ALL of the above symptoms.

Since the thyroid gland controls the body's metabolism, it can affect all of the systems of the body such as the gut, liver, gall bladder, hormones, cholesterol, brain (via neurotransmitters), adrenal glands, breasts, ovaries, and heart.

## This is EXACTLY why your thyroid NEEDS to function at its optimal level.

Now, back to that disturbing trend we observed concerning the treatment of thyroid conditions...the disturbing trend:

Most Thyroid Sufferers Are Treated Exactly The Same!

This really bothers us because we understand from our knowledge of neurology that no two people react the same...especially with endocrine dysfunction.

## Then why are all thyroid sufferers treated the same???

Did you know that there are MANY different blood tests that can be analyzed in order to determine exactly how your thyroid is affected? Most doctors just use the same old blood tests and never bother checking beyond those.

## We CAN treat your thyroid condition naturally and you may not need any medication at all.

DON'T get us wrong, we are NOT here to tell you to stop taking your current medications. Our office would NEVER do that!

We actually work WITH your M.D. to get you feeling better as quickly as possible.

How?

We use very specific blood tests, which may include any or all of the following, depending on individual determination:

- **Thyroid Stimulating Hormone (TSH):** the message sent from a gland in the brain (pituitary) to the thyroid
- **Free T3**: an important hormone produced by the thyroid gland, considered to be the more biologically active hormone of the thyroid
- **Free T4:** another important hormone produced by the thyroid gland
- **Thyroid Antibodies (TGB & TPO):** checked in suspected cases of autoimmune thyroid disorders (see below)
- **Total T4:** this is a reflection of how much total T4 hormone there is in the blood
- **Free Thyroxine Index (FTI):** this is an estimate of how much thyroxine is in the blood
- **Resin T3 Uptake:** this test measures the unsaturated binding sites on the thyroid proteins
- **Complete Metabolic Profile (CMP):** checks electrolytes, blood sugar, and other markers that can indicate any disturbances in physiology
- **Lipid Panel**: cholesterol, LDL, HDL, etc. because these can be related to endocrine dysfunction
- **Complete Blood Count (CBC) w/differential:** this checks your cells counts—white blood cells, red blood cells, and so forth as well as a specific breakdown of certain white cells that can indicate an often overlooked pattern of endocrine change
- **Urinalysis:** sometimes we discover substances your body is eliminating in the urine that shouldn't be there

We ALSO test to see if you have an **autoimmune disease**. An autoimmune disease is where your immune system attacks a particular area of the body (like the thyroid, for instance), so we test for specific thyroid antibodies <u>to determine if YOU suffer from an autoimmune thyroid disease.</u>

Additionally we can test your adrenal glands (small glands on top of the kidneys) via an Adrenal Stress Index (ASI), as <u>many thyroid sufferers also suffer from adrenal problems</u>.

## Have you EVER had an ASI to look at the hormone Cortisol?

We may choose to enter your blood work into our *Functional Blood Chemistry Analysis* software database to determine which nutrients are best suited to help your SPECIFIC condition.

This will facilitate a more complete and rapid recovery from your thyroid condition.

Remember: NO TWO THYROID PATIENTS ARE ALIKE SO NOT ALL THYROID PATIENTS SHOULD EVER BE TREATED ALIKE!

Based on your **PERSONAL blood chemistry**, we can quickly determine which products will benefit you the most and get you on the road to recovery.

WHEN NUTRITIONAL SUPPLEMENT RECOMMENDATIONS ARE NOT BASED ON YOUR <u>CURRENT</u> BLOOD WORK, THEY ARE MOST OFTEN INACCURATE!

YOUR SPECIFIC CONDITION MUST BE ANALYZED VIA YOUR BLOOD CHEMISTRY RESULTS IN ORDER TO MAKE EFFECTIVE NUTRITIONAL RECOMMENDATIONS!

So let's start with what makes our office completely DIFFERENT from any doctor that you have seen up to now...

#1: COMPLETE NEUROLOGIC TESTING WITH EWOT (Exercise with Oxygen Therapy):

In Dr. Datis Kharrazian's best selling thyroid book, *Why Do I Still Have My Thyroid Symptoms When My Lab Tests Are Normal?*, he states on pg. 172..."The brain is saturated with thyroid receptors. Healthy thyroid function is integral to healthy brain function.

Brain health and sufficiency of the neurotransmitters serotonin and dopamine are important for thyroid function." This is why it is very important to treat you neurologically.

**OXYGEN...** your brain and nervous system need TWO things to survive: FUEL and ACTIVATION. Activation comes from the treatments that are listed below. Fuel comes in the form of OXYGEN and glucose. You get the glucose from the food that you eat, which is why it is important to eat a healthy diet. AS YOU AGE, **YOUR ABILITY TO UTILIZE OXYGEN DECREASES.** One of our treatments is to give patients oxygen to increase their body's fuel delivery system. It's called EWOT or Exercise with Oxygen Therapy and it's like gas in the car... if you don't have any gas in the car, you are not going anywhere. If you don't have oxygen available for your brain and nervous system, most likely, no treatment will work!

**UNILATERAL ADJUSTING...** the right brain controls the left side of the body and the left brain controls the right side. If there is a decrease of firing or impulses in one side of the brain, WE ONLY WANT TO ADJUST YOU ON THE OPPOSITE SIDE. Makes sense, doesn't it? Also, WE WILL ONLY USE VERY LIGHT ADJUSTING SO YOU WILL NOT GET WORSE! Have you ever had an adjustment and felt worse afterward? It is because the adjustment was TOO MUCH for your nervous system. It over-stimulated, or (get ready for a \$3 term that neurologists use) it "exceeded metabolic capacity."

**AUDITORY STIMULATION...** listening to sound in one ear will stimulate the opposite side of the brain and increase impulses.

**OLFACTORY STIMULATION...** smelling different scents will stimulate the brain. Your sight, sound, taste, and touch all travel through a sensory area of your brain called the thalamus. SMELL GOES DIRECTLY TO THE BRAIN.

**CALORICS...** warm water in the ear will stimulate the semi-circular canals in your ear and fire the vestibular nerve back to your cerebellum. The cerebellum fires to the brain, the brain fires to the lower brainstem (ponto-medullary region), and your lower brainstem slows down the upper brainstem (mesencephalon).

#### **#2: COMPLETE AND THOROUGH METABOLIC TESTING:**

1. Has your doctor specifically checked for an autoimmune disorder or Hashimoto's disease? There are two parts to your immune system, TH1 and TH2. IF one of these parts

is dominant, you could have an autoimmune disorder. An autoimmune disorder is where your immune system is attacking your body causing your thyroid condition.

The first part, called our T-Helper 1 System (TH-1 System), is our immediate immune response system. It is responsible for an immediate attack against foreign invaders like bacteria, viruses, mold, fungi, or parasites. The cells involved in the TH-1 system are called macrophages, natural killer cells, and cytotoxic T- Cells. It is our front-line defense.

The other part of our immune system is our T-Helper 2 (TH-2) system. It involves the production of antibodies to "tag" onto invaders so our TH-1 system can more easily destroy the invaders. It is our B cells that are responsible for producing the antibodies.

The balance between these two sides of our immune system is very important to look at with many thyroid patients.

IF one of these parts is dominant, you could have an autoimmune disorder.

An autoimmune disorder is where your immune system is attacking your body and it could be causing your thyroid problems. You are just about guaranteed to fail using medications alone. WHY? 90% of the time the primary mechanism is your immune system attacking your thyroid which is also known as an autoimmune attack.

**Medications alone do nothing to slow or stop the autoimmune attack.** Since the autoimmune mechanism is the most common cause of hypothyroidism in the United States, you would think that it is commonly screened for by ALL doctors.

**Unfortunately, it is rarely, if ever, checked.** The reason? Doctors are too hung up on treating thyroid problems with medications. Why would they run extra tests if you it's not going to alter the treatment based off the test results?

(PLEASE NOTE: AUTOIMMUNE CONDITIONS TRUMP <u>EVERYTHING</u> THAT WE HAVE LISTED BELOW...IT MUST BE HANDLED FIRST AND FOREMOST OR YOU WILL NEVER GET COMPLETELY BETTER!)

2. Has your doctor specifically checked you for any food sensitivities or intestinal permeability? Each time that you eat a food that you are sensitive to, it can cause your immune system to attack your thyroid and promote Leaky Gut Syndrome.

FIVE COMMON FOODS COULD BE SLOWLY KILLING YOU AND YOU DON'T EVEN KNOW IT BECAUSE YOU HAVE NOT BEEN TESTED!

**3.** Has your doctor run a **COMPLETE Thyroid Panel?** Your thyroid CONTROLS your body metabolism so if you suffer from thyroid conditions...IT MUST BE THOROUGHLY CHECKED! We're not talking about a simple test for TSH (Thyroid Stimulating Hormone), we are talking about the COMPLETE BATTERY OF THYROID TESTS which includes: **TSH**,

## Total T4 (TT4), Total T3 (TT3), Free T4 (FT4), Free T3 (FT3), Free Thyroxine Index (FTI), Resin T3 Uptake, and the thyroid antibodies...TPO and TGB!

Your THYROID is EXTREMELY important and needs to be checked! Did you know that many doctors consider TSH levels from .35 to 5.0 to be **"normal."** Optimal or "functional" TSH levels should be 1.8 to 3.0. What is <u>YOUR TSH level?</u> If it is not 1.8 to 3.0, have you had the FULL battery of thyroid tests? Has it ever been checked? If not...WHY?

- **4.** Has your doctor checked your adrenal glands? Your adrenal glands are your "stress" glands and they are JUST AS IMPORTANT in successfully treating your thyroid!!! An ASI (Adrenal Stress Index) needs to be run on you which will check your cortisol levels at 8 am, noon, 4 pm and 10 pm.
- 5. Has your doctor checked you for blood disorders such as Anemia? Anemia simply means you ARE NOT going to get oxygen to your tissues. There are different kinds of anemia such as iron, B12, Folic acid etc. And we can test for each one. Anemia is very important to find and correct. Without oxygen available for your brain and nervous system, most likely, no treatment will work! No supplement will work. No nutritional program will work.
  - If you are male have you ever been evaluated for Andropause?
  - If you are female has your doctor ever ordered an expanded female hormone panel?
  - If you are female and post-menopausal has your doctor ever assessed your risk factors for developing uterine or breast cancer?

## HORMONE LEVELS ARE VERY IMPORTANT IN CONTROLLING THYROID CONDITIONS!!!!!

If you answered "NO" to any or all of these questions then there is a good chance that your thyroid condition is not being managed properly!!!

THESE TESTS NEED TO BE RUN ON YOU TO GET TO THE BOTTOM OF YOUR THYROID PROBLEM!

Can you see that by treating you neurologically and metabolically, we can HELP YOU?!?!?

Please understand that we've spent years helping patients who suffer from hypothyroidism discover the truth about their condition and we would like to help you too!

That's why we put together this valuable, FREE report. Frankly, we got sick and tired of seeing people just like you suffering through a lifetime of misery because no *one* ever bothered to reveal to them the truth about thyroid conditions!

There is really nothing more pleasing than helping people just like you finally become symptom-free and living life on their own terms once again!

That's why we are giving you this FREE report. We want you to know the truth about hypothyroidism that almost everyone out there doesn't seem to want you to know. We know that chances are great that we can help you!

## So What Is The Secret?

<u>Treating the hypothyroid patient neurologically and metabolically</u>: Our "Complete Thyroid Qualification Evaluation" includes a nerve system and metabolic evaluations. These evaluations are simple and only takes a few minutes.

## THE DISSECTION OF A SOUL...

You can lose a leg... you can lose an arm... but there is NOTHING like an amputated spirit. That's what hypothyroidism does to you. The worst part is that you are not alone. Hypothyroidism is amputating the spirit of millions of people.

Thyroid conditions are a crippling disease ruining the lives of 27 million people. What we're here to do is to share this with you. Share this information that we think will change your life forever. Give you the power to move the world. Before it's too late...

This system can bring you from the peak of misery to a life of

## breathtaking enjoyment... it's done that for so many already.

As we stated earlier, there is a lot of **nonsense** out there. Unfortunately, they are filling you with false hope, or even worse, playing the ever-changing medication dosage game. That's why we've written this report. **This is REAL help from someone who understands.** 

We will take you by the hand and answer ALL your questions... giving you the best possible way to get better.

We don't care if you've been to hundreds of other doctors, if you have been to other chiropractors, or if you have tried everything under the **sun** and have been disappointed countless times. NONE of that matters!

The ONLY thing that matters is your desire to get on the bus and start feeling better right away. To finally find the answers you've been looking for that can change your life in the blink of an eye. This is a simple program, but you can NOT find it anywhere else and you can NOT figure it out all by yourself. YOU MAY NOT find this in a thyroid chat room. We honestly got lucky when we came across these alternative treatments for hypothyroidism that gets such miraculous results for so many. There is absolutely no sane reason why you should go on suffering when the answer lies right at your finger tips.

**Let us be your guide**. We know what you're going through.

It's taken us months to write this report and now that we're getting overwhelmed with responses, we're not sure how many more new patients we can accept. We strictly limit the number of thyroid sufferers in this program so we can give each and every one the individual attention you need to get the best possible results. There is also a qualification process to make sure you are a candidate for the program and have the best chance for success.

So please... if you at all interested in seeing if you qualify for this program, and seeing if this is FINALLY the solution to your chronic suffering that you've been dreaming about...<u>do it now</u>. As we'll explain in a minute, <u>this is an opportunity your can't afford to miss</u>.

## HOW WOULD YOU LIKE TO FIND OUT IF YOU QUALIFY FOR THIS AMAZING, NEW PROGRAM?

Here's The Qualification Process...

- FIRST 2 VISITS which include a consultation with us to discuss your problem. You will be taken by the hand and ALL your questions and concerns will be answered before you leave. PLUS a 2<sup>nd</sup> "Recommended Action Plan" visit!
- A complete hypothyroid qualification case history and questionnaire to help determine if we can help you.
- Review of all of your labs.
- The 2<sup>nd</sup> "Recommended Action Plan" visit provides you with the results of your examination and tests, explaining whether you qualify for our program, and discussing your options. If at this point our evaluation reveals a condition that is better treated by other means, we will refer you to the appropriate doctor.

# Call 317-848-6000 And Schedule Your Thyroid Qualification Evaluation

And if you qualify, here's why you won't risk a single penny...

So why would we accept you as a patient if we honestly did not feel we could help you? Why would we waste our time and yours only to have to give you your money back? For that reason, we only accept the most qualified people. We cannot tell you if you will qualify for our program, but if you do; you have absolutely nothing to lose and possibly everything to gain.

#### Give Us A Minute To Speak "Off The Record..."

You've spent the last half-an-hour or so reading this report. You MUST be seriously interested in what we've said and what the Ultimate Thyroid Program can do for you. Finally finding a completely risk-free way to possibly erase many if not all of your hypothyroidism symptoms must be exactly what you've spent so many sleepless, painful nights dreaming about. Nevertheless 9 out of 10 of you who have made it this far, all the way through this report, will "chicken out." You will back down when the answer to your prayers may be just one, painless phone call away.

Why do so many people give up without at least giving it a shot? We think you've been taken advantage of and have been played for a sucker more than once. By this time you're more than a little "gun shy." We understand and that is why we put our money where our mouth is. That is why we offer you the unparalleled, unconditional, satisfaction guarantee. You will NOT be taken for a fool. You will be given ALL the tools you need to get relief from your thyroid condition. Now the only question left is... are you gonna chicken out?

#### Remember When...

If you can think back, right now, to a time before you suffered with a thyroid condition and imagine **EXACTLY** how that felt. Imagine how wonderful you felt without fatigue and weight gain... without undue stress on your relationship and family... a life FULL of energy. Feel how you felt... see what you saw... smell what you smelled... it feels wonderful, doesn't it? Kind of like that feeling that engulfed your entire body when you met your first love. Imagine how that would feel again... to have that energy and incredible connection again with your spouse, your children, your family – and if you could look back on today, sitting here reading this report, as being the beginning of that – the beginning of the happy, fulfilled life you've always wanted. If you can feel that RIGHT NOW and want that feeling to continue, you probably should, and ought to pick up the phone and schedule your evaluation... **RIGHT NOW!** 

## Here's What To Do Next...

If you're really serious about ending your hypothyroidism once and for all, call 317-848-6000

#### **Ask yourself the following questions:**

- #1: How has your thyroid condition affected your job, relationships, finances, family, or other activities?
- #2: What has it cost you in time, money, happiness, sleep?
- #3: Where do you picture yourself in the next one to three

## years if this problem is not taken care of?

#4: What is it worth to you?

Pick up the telephone, call 317-848-6000, and get ready to live a thyroid symptom-free life! Tell our staff that you have read this report and you would like a FREE THYROID EVALUATION......<u>IF</u>

YOU QUALIFY FOR CARE AND WE ACCEPT YOUR CASE.

Not Everyone Qualifies For Care In Our Office And We Cannot Accept Every Case For a Variety Of Reasons. Call Our Office To Set Up a Thyroid Evaluation.

#### HYPOTHYROIDISM IS A THIEF THAT ROBS YOU OF YOUR LIFE!

ARE YOU SICK AND TIRED OF PLAYING "RUSSIAN ROULETTE" WITH MEDICATIONS? IF THIS ONE DOESN'T WORK, TRY THIS ONE... OH, THAT ONE DIDN'T WORK... HERE'S ANOTHER!

DON'T suffer another day, when the answer to your THYROID CONDITION may be here, right in front of you! How would you feel, finding out years from now that the answer to your questions was right in front of your face all along... and you let it slip through your fingers?

Sincerely,

Dr. Brad Ralston

Dr. Lucas Gafken

**P.S. One Last Thing - it's Really Important** – Please remember....we cannot possibly accept everyone in our program. Our office could easily get swamped very quickly. If that happens, we will have to stop the offer and start a waiting list. We wrote this report because we honestly want to make a difference for so many hypothyroid sufferers in the world. We're always amazed at how quickly and easily someone's life can completely turn

around. Now with this report, we get the message out to many more people. It's exciting.

So don't delay, if you would like to find out if you qualify for this amazing program... call right now. Of all the hypothyroid sufferers we have treated, not one has ever asked for a refund. That's pretty **phenomenal...** and it proves this is the real deal... not just smoke and mirrors. This is very important. Call today.

**P.P.S.** The decision you make right now by either picking up the phone and scheduling your evaluation or throwing out this report may have a drastic effect on the rest of your life. It may be the difference between enjoying the rest of your life and suffering on the sidelines, watching everyone else do the things you wish you could do. This decision is a serious as a heart attack and we hope you make it wisely.

## What's the worst thing that can happen to you if you come in and get your evaluation?

At worst, you will find out we can't help you and you will leave in the same condition you came in. At best, we will find that we CAN help you and you'll get a natural, drug-free, possible solution to your hypothyroidism.

Is this an opportunity that you can afford to miss?